

**Greater Austin Dental Hygienists' Association
Presents**

**"Effective Strategies in Teeth Whitening for the Next Decade" &
"Building a Successful Prevention Program for High Risk Adults"**

**with
Lil Caperila, RDH, BSDH, M.Ed.**

**Saturday, Feb. 9, 2019
BEST WESTERN PLUS
Austin City Hotel
2200 S IH 35 - Austin,
TX 78704**

9:00am - 4:00pm - 6 CEU's

Lil Caperila, RDH, BSDH, M.Ed.

Lil Caperila has spent close to 40 years in the profession of dental hygiene as a periodontal co-therapist, educator, international lecturer and manager of continuing education.

Lil completed her bachelor's degree in dental hygiene education from Thomas Jefferson University and later achieved her master's degree in education specifically as an instructional designer and corporate trainer from Penn State University. She was a member of the Dental

Hygiene Faculty at Harcum College from 1993-2000, in Bryn Mawr, PA.

In 2000, while serving as President of the Pennsylvania Dental Hygienists' Association, Lil accepted a position as Manager of Professional Education and Corporate Trainer with Premier Dental Products Company in Plymouth Meeting, PA. Her role as an international lecturer has afforded her the opportunity to deliver well over 500 seminars throughout the United States and among her international colleagues.

In 2009, Lil was selected as the first dental hygiene alumnae to be named to the Montgomery County Community College's Alumni Hall of Fame. In 2014, the college selected Lil as one of their "Fabulous 50 Alumni" recognized during the college's 50th anniversary.

She is the 2010 Recipient of the ADHA Irene Newman Award for Outstanding Achievement in the Advancement of Dental Hygiene.

In January of 2016, Lil was a contributing author for the chapter on Dentinal Hypersensitivity in a new dental hygiene textbook entitled: "Dental Hygiene: Applications to Clinical Practice."

"Effective Strategies in Teeth Whitening..." - 9:00-12:00 - 3CEUs

This seminar presents a comprehensive approach in offering cosmetic whitening efficiently and cost-effectively in your practice. During this decade and consideration to the current state of our economy, assumptions are made that elective procedures such as "teeth bleaching" are not a valued or affordable service sought by our patients. On the contrary, we are seeing steady numbers of clients who believe that esthetic services are equally important in their overall healthcare maintenance.

Cosmetic whitening can compliment high quality minimally-invasive dentistry as a practice builder and patient satisfaction tool. A well-versed staff that holds a greater knowledge in their patient's expectations and anticipated outcomes in cosmetic whitening serves to be a highly-valued asset to today's practice!

During this seminar, the participants will be able to discuss...

- How teeth bleaching was introduced many years ago, and how this elective procedure has become one of the most sought after services in the dental appointment.

Predictability of success and limitations of whitening results

Overview of: OTC, In-office and take home professionally-supervised deliveries

Address internal bleaching briefly – indication and difference with tooth whitening

Fluorosis/whitening and enamel microabrasion options

Safety - potential long-term effects based on product strength and product abuse?

Product recommendations that can provide ease in resolving transient sensitivity as well as enamel/dentinal protection following whitening procedures

Tooth whitening maintenance, hints and tips for patients/consumers

Use of remineralization and desensitization agents in preserving enamel post-whitening

Design a marketing strategy for your dental team to incorporate in their daily practice setting.

"Building Successful Prevention Program for High Risk Adults" - 1:00-4:00 - 3 CEUs...

At completion of this program, participants will be able to:

- Identify the adult patient who presents with greatest risk for enamel and dentinal caries and root sensitivity.
 - Discuss the most prominent etiologies for xerostomia and erosion.
 - Identify all medications and systemic diseases/disorders with side effects impacting normal oral function and tooth structure.
 - Discuss the components of saliva critical in preserving the dentition.
 - Design a treatment plan based on suggested case studies within today's program
 - Differentiate among the various deliveries of fluoride, amorphous calcium phosphate and desensitization properties.
- Determine the most effective maintenance interval and treatment plan for adults in this category.

Course Description:

This course will provide the participants (dentists, hygienists, assistants, public health and medical providers) with a strategy in their work setting to prepare their older adults to identify factors which place them at greatest risk for oral health diseases. Following an overview of the etiologies that cause dry mouth, xerostomia and erosive dental patterns, it will be necessary to formulate an appropriate treatment plan which includes frequent maintenance and selective agents that restore the necessary components lost from inadequate salivary function. Today's older adults are the first generation to sustain their natural dentition throughout their lifespan. This presents significant challenges to the dental professional when medical and emotional factors produce loss of dental function and recurrent dental caries. Our role is to review the current evidence-based research that supports a highly successful therapy for all adult patients.

Thank you to Premier for their sponsorship for today's courses:



SCHEDULE: Saturday, February 9, 2019

8:30 - 9:00 - Check-in and onsite registration (if available)

9:00 - 12:00 - **AM Effective Strategies in Teeth Whiting...**

12:00 - 1:00 - Lunch is included with all day registration

1:00 - 4:00 - **PM Building a Successful Prevention Program...**

LOCATION: BEST WESTERN PLUS Austin City Hotel

2200 S IH 35 – Austin, TX 78704

CONFIRMATION/REFUND: Confirmations will be sent electronically if an email address is provided. Refunds require a written request which must be received 7 days prior to course presentation and will carry a \$25 administrative penalty.

FYI: \$5 of each registration may be donated to IOH or TX HyPac. If you prefer not to be a donor, please check with the registration desk to remove your name.

CONTINUING EDUCATION: These courses have been approved by the Greater Austin Dental Hygienists' Association, *a State Board of Dental Examiners approved provider of continuing education for DENTISTS, DENTAL HYGIENISTS, AND DENTAL ASSISTANTS.*

QUESTIONS? CONTACT:

Lois Palermo - 713-419-6974 - for registration information Or www.omegaseminars.com

Directions:

<https://www.mapquest.com/>

Thanks to the following companies for their continuing support of quality continuing through educational grants and displaying at the course.

Crest Oral B, Dental Auxiliary- Austin, Q-Optics

Dental Resource Management,

GSK Consumer Healthcare will be displaying

AUSTIN

Registration Form PLEASE PRINT name as you wish it to appear on your completion certificate.

Name: _____ RDH, DDS, DMD, RDA, CDA, other

Address: _____ City, State, Zip: _____

Phone #s: (H) _____ (Work) _____ (Cell) _____

E-Mail Address _____ (needed for confirmation)

Fees: Early Bird Before Feb. 2nd After Feb. 2nd

	AM	PM	Both	AM	PM	Both
ADHA Member	\$65	\$65	\$105	\$75	\$75	\$120
Non-Member (RDH, DDS)	\$75	\$75	\$120	\$85	\$85	\$130
Dental Assistants	\$30	\$30	\$45	\$35	\$35	\$55

PLEASE circle the fee for the courses you are attending.....

Make checks payable to: **Omega Seminars** and send them to:

Lois Palermo, 1236 Hunter Wood, League City, TX 77573

Paying by Credit Card?: CC# _____ Visa/MC/Discover/AMEX (circle card used)

Exp. Date: _____

Credit Card registrations may be faxed to **1-281-605 5668** or pay ONLINE at www.omegaseminars.com Please note that credit card payments may appear on billing statement as a charge from Omega Seminars. Did you provide an email address in order to receive your confirmation?

Lunch is provided for ALL day registrants for each day. **Do you have special allergy dietary request?**

If so, explain _____

This form may be duplicated.

Total fee enclosed or to be charged: _____

